

Title of Manual: Mid-South Substance Abuse Commission Policy and Procedures			Page 1 of 2	
			HISTORY	
Section: T002	Subject: Medication - Assisted Treatment for OPIOID Addiction		Replaces:	3/23/2009
			Last Reviewed:	3/2010
Issued By: Executive Director	Approved By: Board of Directors	Scope: Methadone Treatment Providers	Effective:	04/26/10
	Date: 04/26/10			

1. **POLICY**

Methadone dosing is a pharmacological tool that provides for an improved quality of life conducive to establishing and maintaining a drug-free lifestyle. It is a medication that prevents withdrawal symptoms, prevents opioid cravings, and blocks the euphoric effects of opioid drugs. Methadone is designed to address the physiological problems as an adjunct to counseling and/or other substance use disorder (SUD) treatment (State Enrollment Criteria, January 2008, p. 1).

2. **PURPOSE**

Methadone treatment is designed to address the client's individual needs to achieve changes in the level of functioning, including elimination of illicit opiate and other drug abuse inclusive of alcohol. Providers are to adhere to the requirements and address major lifestyle, attitudinal, and behavioral issues which can undermine the goals of treatment and inhibit the client's ability to cope with major life tasks.

3. **REQUIREMENTS**

3.1. Providers are required to adhere to the following:

- 3.1.1. *American Society of Addiction Medicine (ASAM) Patient Placement Criteria for the Treatment of Substance-Related Disorders.*
- 3.1.2. *Certification of Opioid Treatment Programs:* United States Code of Federal Regulations, title 42, Part 8, Washington, D.C. (s003).
- 3.1.3. *Part 4: Methadone Treatment and Other Chemotherapy:* Michigan Administrative Code, Rules 325.14401-325.14423, State Office of Administrative Hearings and Rules. Lansing, Michigan. (September 10, 1971).
- 3.1.4. *Federal Register:* July 22, 1999 (Volume 64, Number 140) [Page 39809-39857] Part VI Department of Health and Human Services Food and Drug Administration Public Health Service 21 CFR Part 291, 42 CFR Part 8, Narcotic Drugs in Maintenance and Detoxification Treatment of Narcotic Dependence.
- 3.1.5. *Guidelines for the Accreditation of Opioid Treatment Programs:* Center for Substance Abuse Treatment, Division of Pharmacologic Therapies, Substance Abuse and Mental Health Services Administration. Revised July 20, 2007.
- 3.1.6. *Michigan Guidelines for the Use of Controlled Substances for the Treatment of Pain.* Michigan Department of Community Health, Bureau of Health Professions.
- 3.1.7. Division of Pharmacologic Therapies. (2002). *Patient Exceptions SMA-168-Exception Request and Record of Justification under 42 CFR §8.12.*
- 3.1.8. *Drug Addiction Treatment Act of 2000:* Public Law 106-310, Section 3502, United States House, 106th Congress, Washington, DC. (October 17, 2000).
- 3.1.9. Labeling and Dispensing of Prescription Medication. *Public Health Code:* 1978 Public Act 369, as amended, Article 6. MCL 333.17745, Michigan Legislature, 1977-78 Legislative Session, Lansing, Michigan. (September 30, 1978).
- 3.1.10. *Poison Prevention Packaging Act of 1970:* Public Law 91-601, 84 Stat. 1670, as amended, 90th Congress, Washington, DC. (December 30, 1970).

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- 3.1.11. Policies and Technical Advisories issued under the name Office of Drug Control Policy (ODCP) administered by the Bureau of Substance Abuse & Addiction Services (BSAAS) inclusive of the following:
- 3.1.11.1. *Off-Site Dosing Requirements for Medication Assisted Treatment Policy #04* (revision 12/1/06): Clarifies the rules and procedures pertaining to off-site dosing of opioid treatment medication by clients in an opioid treatment program.
 - 3.1.11.2. *Enrollment Criteria for Methadone Maintenance & Detoxification Programs Policy #05* (revision effective 1/1/08) establishes requirements for methadone as a pharmacological support in an opioid treatment program.
 - 3.1.11.3. *Individualized Treatment Planning Policy #06* (effective 10/1/06) establishes requirements for individualized treatment planning. It is understood that methadone dosing is a pharmacological tool used for the treatment of opiate addiction. It is the expectation that treatment modalities involved, as reflected in the individualized treatment plan, will identify and address clients' polysubstance use and addictive behaviors in general. Treatment will occur at the appropriate intensity, scope, and duration and may include multiple providers.
 - 3.1.11.4. *Substance Abuse Case Management Program Requirements Policy #08* (effective date: 1/1/08) establishes requirements for Case Management (CSM) programs.
 - 3.1.11.5. *Counseling Requirements For Clients Receiving Methadone Treatment Technical Advisory #06* (issued 8/10/07).
- 3.1.12. *Michigan Medicaid Manual*. Michigan Department of Community Health.
- 3.1.13. *Mid-South Substance Use Disorders Best Practice Guidelines*.

References:

- Center for Substance Abuse Treatment. *Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs*. Treatment Improvement Protocol (TIP) Series 43. DHHS Publication No. (SMA) 05-4048. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2005.
- Center for Substance Abuse Treatment. *Matching Treatment to Patient Needs in Opioid Substitution Therapy*. Treatment Improvement Protocol (TIP) Series 20. DHHS Publication No. (SMA) 95-3049. Rockville, MD: Substance Abuse and Mental Health Services Administration, 1995.