

## **PROGRAM DEVELOPMENT COMMITTEE**

April 19, 2004 - 6:00 p.m.  
Michigan High School Athletic Association  
1661 Ramblewood Drive  
East Lansing, Michigan

### **MINUTES**

**PRESENT:** Jean Golden, Chair; Shirley Carter-Johnson; Ron Clark; Debbie De Leon; Larry Gould; Lisa McCafferty

**ABSENT:** Dave Elwell; Hattie Oliver; Bill Swint

**STAFF:** Robin Reynolds, Executive Director; Mary Kronquist, Assistant Director; Jeanne Diver, Quality Assurance Manager; Lori Griffin, Executive Secretary

**GUESTS:** Todd Bradley (and daughter), Insight Recovery Center; Teresa Ward, Insight Recovery Center; Kathy Davis, Child & Family Services

#### **CALL TO ORDER**

Ms. Golden called the meeting to order at 6:10 p.m.

#### **APPROVAL OF THE MINUTES OF MARCH 15, 2004**

**Ms. McCafferty moved approval of the Minutes of March 15, 2004 as presented. Mr. Clark supported the motion. The motion carried**

#### **ADDITIONS TO THE AGENDA**

There were no additions to the Agenda.

#### **PUBLIC COMMENT**

There was no public comment. Guests introduced themselves.

#### **NEW BUSINESS**

A. Program Review-Ingham County: Child & Family Services, Insight and Cristo Rey

Ms. Diver began with Child & Family Services, reporting they provide assessments for outpatient services, individual, group, intensive outpatient and family therapy, student assistance program screenings, intensive outreach and case management services to adolescents and their families, provide services in the home, school or other locations in the community, and are block grant and Medicaid funded. She briefly commented on their three year Federal grant, which works in conjunction with funding from Mid-South to serve adolescents in Ingham County. Ms. Diver stated their site review scores as follows: Overall site review was 91% for Clinical and 77% Financial; Access:Timeliness 75%; Satisfaction Surveys

had no score as they were not distributed; Delinquencies totaled five; Concerns and Resolutions noted were the need to have satisfaction surveys distributed to clients; and no Barriers to Treatment were noted. Ms. Diver also stated Admissions totaled 28 in the 1<sup>st</sup> and 2<sup>nd</sup> quarters. Ms. Kronquist reported on the performance based part of the contract, which is the in-home and outreach programs. She stated there are currently 10 clients, equating to a total of 203 client hours and 413.75 total outreach hours reported. On the financial side, Ms. Reynolds reported the score of 77% was reflected in the files, some of which were found to be partially compliant due to CareNet admission forms missing, and one had no fee agreement in it. She added, however, that no dollars were taken back. Ms. Reynolds reported the program has year-to-date Outpatient BSAS expenses of \$2,984 while the performance based contract shows expenses of \$40,476, and Medicaid has expended \$3,243 year-to-date. She further stated six month reviews are currently being conducted with all providers, and noted dollars may be removed from some providers who will not be able to spend all of their allocation. Ms. Reynolds also reported their IOP program just begun. Discussion ensued regarding referrals to the program, and Ms. Reynolds reporting a lot of the adolescents are being seen through the Federal grant awarded to CFS.

Ms. Diver reviewed Cristo Rey, stating they provide assessments for outpatient services, group and individual therapy, have a multi-cultural, multi-lingual staff, and are a state designated Women's Specialty Program for Ingham County. Turning to their scores, Ms. Diver reported Site Review for Clinical 97%, Financial 78% and Women's programming 95%; Access:Timeliness 88%; Satisfaction Surveys 86% (35 responses), Delinquencies totaled 4, Concerns and Resolutions centered on improvement being needed in progress notes, and Barriers to Treatment noted were "other problems" and lack of dependable transportation. Ms. Diver also reported Admissions to-date of 57. Ms. Reynolds reported on the Financial review, noting the score of 78% was reflective of not having income documented in some files. She added this information is very difficult to obtain from clients. Ms. Reynolds reported the program is slightly over spent in prevention. She also noted the prevention program has had no delinquencies, are five hours short of their planned units, have been meeting their probationary guidelines, and generally have shown significant improvement. Ms. Reynolds stated spending is low in Outpatient and Women's, and Medicaid is under spent as compared to last year.

Ms. Diver last reported on Insight Recovery Center, which is a Medicaid provider, offering assessments for Outpatient services, which include individual, group and family therapy. She continued by reporting their Site Visit scores of 85% Clinical (for FY 03) and 96% (FY 04) Financial, Access:Timeliness of 100%; Satisfaction Surveys 90% (5 surveyed), Delinquencies totaled four, no Concerns and Resolutions, and Barriers to Treatment noted were distance to the agency, appointment time, and lack of transportation. Admissions to-date are 24. Ms. Diver clarified the Clinical score is for last year; this year's visit is scheduled for May 13, 2004. She added the program has made significant progress since last year's visit. For the Financial review, Ms. Reynolds reported they have spent \$7,699 year-to-date in Medicaid. She also noted the program has a high percentage of insurance paying clients.

#### B. Lenawee County Intensive Home Therapy Program

Ms. Reynolds reported the Lenawee County Board of Commissioners and Probate Court have requested funding from Mid-South for this program. She reported it is designed to treat adolescents in their home, and is targeted at youth who for various reasons have been assessed for long-term residential treatment. She added it is an effort to keep the youth out of residential placement, which will in turn save the county money. Ms. Reynolds noted specifics of the program are a case manager will see the families 3-4 times per week over a four month period. She added the therapists are available 24/7 to the families, if needed. She continued by stating it is anticipated approximately 25 families will be served, at a cost of \$6,250 per family. She also noted that almost 60% of the youth and 50% of the parents served have substance abuse issues. Ms. Reynolds stated Lenawee County is providing \$37,500 towards this program, and are asking Mid-South for \$50,000. Ms. Reynolds stated if approved, Mid-South would contract with the Probate Court, who would sub-contract with Parkside Counseling who is

currently providing the service. Mr. Gould stated this project was previously funded with a 50/50 match with Lenawee County and FIA, and when the state made cutbacks, FIA chose not to continue. He added the county is still providing funding, but are looking for other sources of revenue for it. He noted his disappointment in the state FIA for not funding it, adding this program has resulted in substantial savings to the county.

**Mr. Clark moved approval of the Lenawee County Intensive Home Therapy Program and that it be forwarded to the Executive Committee for funding consideration. Ms. Carter-Johnson supported the motion. The motion carried.**

## **OLD BUSINESS**

Ms. Reynolds updated on the Authorization Work Group, stating it is scheduled to meet on May 10. She added information is being gathered from other coordinating agencies on how their authorization process works, and recommendations will be presented to this Committee.

Ms. Golden asked Ms. Reynolds to report on a presentation made at the Ingham County MPCB meeting held earlier in the month. Ms. Reynolds responded the presentation was on the program Mid-South is involved in with the Health Department which provides case managers at the health clinics in the county. She stated the case managers mostly work with clients who use pain medications for treatment of long-term pain. Ms. Reynolds stated this project has been highly successful, and the clients keep returning to the case managers for help. She added some have even entered into other forms of treatment. Ms. Reynolds added Mid-South has not provided funding for this project yet, but may be asked to in the future. It is currently grant funded.

Ms. McCafferty asked for an update on the school survey. Ms. Reynolds reported on a meeting with the State, which did not go as well as had been hoped. She stated the ODCP cannot endorse the program in writing, and that she is awaiting word on whether State dollars can be used for this survey. Ms. Reynolds added there is concern on the part of the Department of Education about this survey, specifically that they already do a statewide survey and if schools participate in ours, they many not want to participate in the Department of Education's. Ms. Reynolds stated that as of this time, she is awaiting further clarification from ODCP, which will impact the decision on whether or not to proceed ahead with our survey or not.

## **PUBLIC COMMENT**

There was no public comment.

## **ADJOURNMENT**

The meeting adjourned at 7:09 p.m.