



***Strategic Prevention
Framework -State
Incentive Grant***

-Phase II-

Implementation Plan

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SPF-SIG Phase II Implementation Plan

Targeted High Need Counties in the Mid-South Region for Phase II Implementation

Mid-South intends to invest in the implementation of SPF-SIG strategies within six high need target areas as identified within Table 12 of the Regional SPF-SIG Needs Assessment (Mid-South SPF-SIG Needs Assessment Report, August 2007). The high need counties absent Calhoun County will include Hillsdale, Newaygo, Ionia, Lenawee, Gratiot, and Jackson County. Four high need target areas (Hillsdale, Newaygo, Ionia, and Lenawee) will be given the opportunity to address and appropriately reduce the regional goal and state priority of alcohol-involved traffic crash fatalities as well as injuries and crashes. Two high need target areas (Hillsdale and Gratiot) will be given the opportunity to address and appropriately reduce the regional goal and state secondary priority involving the misuse of alcohol by youth. Lastly, Jackson County will be given the opportunity to address the region's third goal identified within the Regional SPF-SIG Strategic Plan (Mid-South SPF-SIG Strategic Plan, November 2007) of reducing tobacco use and exposure to second hand smoke by youth and adults.

The Mid-South Budget detailing CA level Administration and Project Implementation regarding Phase II activity and implementation is included in Attachment A – SPF-SIG Implementation Plan Budget Summary and Cost Detail. Please note that Mid-South is submitting budgets to support activities planned. Should SPF-SIG funds not be available to address programming, Mid-South will fund the costs of SPF-SIG from Block Grant funds per the state guidelines provided. It is our desire that ODCP will review CA total expenditures, including the administrative cap, and funding routinely to assure deliverables are represented by costs incurred and redistribute accordingly. The long-term vision of Mid-South's Phase II Implementation Plan is identified within Attachment B - SPF-SIG Implementation Planning Matrix and Timeline.

Selection of Evidence-Based Programs, Policies, and Practices –

Mid-South intends to provide County CSPPC's identified as high need target areas with \$5,000 each (\$10,000 to Hillsdale) to draft SPF-SIG Implementation Plans for 2008-09. The counties identified as high need target areas have been actively conducting SPF-SIG planning meetings within their County CSPPC's to draft these local level Implementation Plans. These plans must include comprehensive logic models stemming from the goals, objectives, and intervening variables identified within the Regional SPF-SIG Strategic Plan and conclude with evidence based prevention strategies to be implemented in the county beginning in fiscal year 2008-09. The counties have been provided with a variety of guidance documents surrounding logic model development, intervening variables, and evidence based strategies through the Coordinating Agency, CADCA, and the Regional CSPPC. See Attachment C - Logic Model Template. Within this planning structure, the County CSPPC's are also responsible for developing a theory of change which will be

derived from further investigation in and prioritization of intervening variables that contribute to the local conditions.

The County CSPPC's will draft strategies, identify appropriate service providers, formally approve, and submit Implementation Plans along with a detailed budget to Mid-South and the Regional CSPPC for feedback and approval by July 18th, 2008. The Coordinating Agency SPF-SIG Prevention Manager, with assistance from the Regional CSPPC, will provide appropriate feedback, suggest enhancements, and make formal recommendations on SPF-SIG County Implementation Plans to the Mid-South Board for fiscal year 2008-2009 investment.

Sustainability in the SPF-SIG Principles in the Mid-South Region –

Mid-South has worked diligently to ingrain the SPF-SIG concepts, processes, and capacity building efforts into the daily functions of the Coordinating Agency, our nine county prevention provider network, and their substance abuse prevention coalitions. Mid-South has already directed and allocated most of its prevention resources (Block Grant and PA2 funding) towards strategic planning and outcome based prevention since 2003.

For fiscal year 2008-2009 investments, County CSPPC's will be asked to submit one county Implementation Plan for investment consideration of all three of the prevention funding streams that Mid-South oversees - Community Block Grant, Public Act 2 (PA2), and SPF-SIG funding. This allows County CSPPC's to achieve the outcomes and objectives set forth in their original four year Strategic Plans developed in 2005 in addition to the outcomes and objectives identified within the recent Regional SPF-SIG Strategic Plan. See Attachment D – 2008-09 Implementation Plan Template. This administrative efficiency will continue to eliminate potential duplication of services, enhance local prevention system alignment, and improve the effectiveness and sustainability of evidence based prevention programs, policies, and practices in the Mid-South region.

Services to Be Implemented in the Mid-South Region –

Services to be implemented within the high need target areas will include evidence based programs, policies, and practices as stated in the Regional SPF-SIG Strategic Plan and as identified in several guidance documents provided by SAMHSA, CSAP, Prevention Network, and ODCP. County CSPPC's will develop logic models and corresponding Implementation Plans that will likely include multiple strategies identified within these guidance documents. Other strategies to be employed by the County CSPPC's involve capacity building efforts, continued data collection on intervening variables, increasing community readiness, and prevention system alignment in regards to the SPF-SIG priorities. Six county Implementation Plans including logic models and theories of

change that identify SPF-SIG strategies for investment will be submitted to ODCP after obtaining formal Mid-South Board approval in August 2008.

Training and Technical Assistance Needs of the Region –

The Mid-South region is fully prepared to move forward with SPF-SIG implementation and investment in evidence based programs, strategies, and interventions that will be identified within County CSPPC's Implementation Plans. However, the CA, CEW, Regional CSPPC, and County CSPPC's have identified ongoing training needs of a region, county, or community involved in the Strategic Prevention Framework:

- 1) State specific training on the five steps of the Strategic Prevention Framework,
- 2) Data training surrounding the collection, analysis, and prioritization of prevention needs and utilization in outcome evaluation, and
- 3) Training on identification and selection of evidence-based prevention programs, policies, and practices.

These trainings will have a direct impact on the State of Michigan's ability in the next three years and beyond to institutionalize the SPF-SIG principles at the county, regional, and state level.

Mid-South Training and Technical Assistance Plans -

Mid-South will utilize several venues including the Regional CSPPC and CEW meetings in addition to the Mid-South Quarterly Coordinator meetings to provide appropriate training and technical assistance to the region. Mid-South will also utilize statewide trainings as they become available and advocate for the inclusion of current state resources, such as Prevention Network, to support individual communities in producing prevention outcomes. Beyond statewide trainings, Mid-South does not anticipate using any outside technical assistance consultants.

Selection of Service Providers –

County CSPPC's will be identifying and selecting service providers utilizing the following Coordinating Agency and State of Michigan criteria:

- 1) A service provider must be geographically located within the county.
- 2) A service provider who is identified to provide prevention programming (Education) must hold a prevention license.
- 3) A service provider must have representation on the County CSPPC through a Memorandum of Understanding (MOU).
- 4) A service provider must have the staffing capacity and expertise to carry out the identified strategies and corresponding milestones.

- 5) A service provider must have data reporting capability, including the ability to report performance data, e.g. process, capacity, and outcome data.

Service providers that are identified within county Implementation Plans and approved for 2008-09 SPF-SIG, Community Block Grant, or County Public Act 2 (PA2) investment will be required to submit action/work plans detailing their commitments to the County CSPPC and Mid-South by October 2008. They will also be required to complete and submit quarterly progress reports and a year-end summary to the County CSPPC's and the Mid-South SPF-SIG Prevention Manager for feedback, documentation, and outcome evaluation. A list of service providers implementing SPF-SIG specific strategies will also be provided to ODCP as indicated in the guidance document provided to CA's.

Continued Involvement of County CSPPC's in the SPF-SIG Project -

As stated in the original RFI Application, Needs Assessment, and Strategic Plan, Mid-South has initiated and secured active involvement in the SPF-SIG project from the majority of county coalitions (County CSPPC's), task forces, and workgroups operating within the region. They are represented as either voting members or designees within the Regional CEW and CSPPC membership.

Within Mid-South's regional structure, the County CSPPC's are central to the institutionalization of the Strategic Prevention Framework. The six County CSPPC's will be solely tasked with the implementation plan phase of the SPF-SIG project and be held responsible for its intended outcomes. Utilizing service provider progress reports, all County CSPPC's are required to provide comprehensive quarterly expenditure and progress reports surrounding their county Implementation Plans. They will also assist the region in the identification of ongoing training and technical assistance needs, be included in the outcome and process evaluation of the SPF-SIG project, and be collaborative partners in the future development of the region's 2011-2015 Strategic Substance Abuse Prevention Plan. The County CSPPC's that operate in the Mid-South region will continue to build infrastructure and enhance their capacity to implement the five steps of the Strategic Prevention Framework.

Specific Roles of the CEW, Regional CSPPC, County CSPPC's and Community Service Providers –

The Regional CEW will continue to meet semi-annually to address data and systems gaps surrounding the SPF-SIG priority problems and assist in the monitoring and evaluation of specific data indicators related to identified SPF-SIG outcomes. They will also be responsible along with the Regional CSPPC for making recommendations regarding the sustainability of SPF principles within the region and potential modification of programs, policies, and practices that are deemed ineffective within communities.

The Regional CSPPC will convene quarterly to address several tasks within SPF-SIG Phase II Implementation. They will be given the opportunity to provide feedback and support to County CSPPC's surrounding their submitted SPF-SIG Implementation Plans. The Regional CSPPC will continue to make recommendations regarding training and technical assistance needs of the region, contribute to progress reports on SPF-SIG efforts at the community level, and respond to cultural competency issues that may arise. They will also participate as necessary in the SPF-SIG evaluation process and continue to increase the diversity of membership through individual and group nominations of new members.

The roles and responsibilities of the County CSPPC's are highlighted within the previous section. The community service providers, as identified earlier, will be responsible for implementing services, addressing specific goals and objectives, and completing milestones identified within their County Implementation Plans. Service providers will also complete and submit quarterly progress reports and a year-end summary to the County CSPPC's and the Mid-South SPF-SIG Prevention Manager.

Cultural Competency and Phase II Implementation –

The Cultural Competency policies that were discussed and approved by the CEW on July 26th, 2007 and the CSPPC on August 23rd, 2007 will be listed as future agenda items for CEW and CSPPC membership to discuss and identify next steps surrounding SPF-SIG Phase II implementation. The CEW will be primarily focused on two issues which involve the systematic and ongoing examination and use of information/data relevant to cultural competence and addressing disparities/inequities of outcomes within populations in planning and processes. The responsibilities of the Regional CSPPC will center on establishing and monitoring cultural competence policy region wide, advocate for service delivery adaptations tailored to population in services area (including adaptations to improve access to services), and also the monitoring of disparities/inequities of outcomes within populations in planning and processes. See Attachment E – Cultural Competency Policies (CEW & CSPPC)

- Attachments -

- A. SPF-SIG Implementation Plan Budget Summary and Cost Detail**
- B. SPF-SIG Implementation Planning Matrix and Timeline**
- C. Logic Model Template**
- D. 2008-09 Implementation Plan Template**
- E. Cultural Competency Policies (CEW & CSPPC)**